

**AS YOU'RE THANKING ESSENTIAL WORKERS
OR SHOWING LOVE TO YOUR NEIGHBORS, YOU
MIGHT CONSIDER LEAVING THEM A NOTE.**

We've made that easy to do!

Print page two of this document, which has four note options, add an encouraging message and share with others as you show them that you are **FOR** them.

Some of our favorites are...I am/We are praying for you, cheering for you, thankful for you, grateful for you, or happy for you. Feel free to make these personal or be as creative as you like with your messages.

WE ARE
F O R
T H E
L  U

I AM



FOR YOU

FOR THE LOU, a movement started in 2019 by The Crossing, was created to encourage, celebrate, and serve the people of the St. Louis region.

For more info, and to join the movement, visit forthelou.com.

I AM

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